

**Rethinking Nutrition: Cupcakes for Lunch?
End-of-Session Questionnaire**

*There are no right or wrong answers to these questions.
We just want to know what you think.*

1. Does your Early Care & Education (ECE) program already have a written food and nutrition policy? (Check one.)

___ (1) Yes

___ (2) No

If no, how likely are you to create one in the next month or two?

___ (1) Very likely

___ (2) Somewhat likely

___ (3) Not likely

2. Why might at ECE program want to have a written food and nutrition policy?

3. Please give us one example of a food and nutrition value or concern your program has, and how you could write that value or concern into a one-sentence policy statement.

Value or concern:

One-sentence policy statement:

4. Families will sometimes challenge the written or unwritten food policies of an ECE program. How confident are you that, if necessary, you could explain your program's policies to a parent in a way that was helpful? (Check one.)

___ (1) Not confident

___ (2) Somewhat confident

___ (3) Very confident

5. With what age children do you mostly work? (Check one.)

___ (1) All ages

___ (2) Infants

___ (3) Toddlers

___ (4) Preschoolers

___ (5) School aged children

6. For how many years have you worked in the Early Care & Education (ECE) field?

_____ years.

7. What is your current job in ECE?

___ (1) Teacher

___ (2) Cook

___ (3) Administrator

___ (4) Other: _____

8. Is there anything else you'd like to tell us?