**WHAT’S FOR SNACK?**

**Monday, May 14, 2012, 6:00-8:00 p.m.**

**Walworth County Government Center,**

**100 West Walworth Street, Room 214, Elkhorn**

**Presented by Jenny Wehmeier,**

**Family Living Educator**

**NUTRITION TO SUPPORT HEALTHY GROWTH**

***Early food attitudes turn into lifelong eating habits. Join us for an informational workshop to assist childcare professionals in developing strategies for reducing added calories in food, encouraging positive attitudes toward food and mealtime, and eliminating unnecessary calories in snacks and meals. Program Fee: $7 per person***

**Workshop based on book *Rethinking Nutrition***

**by Susan Nitzke, PhD, RD;**

**Dave Riley, PhD;**

**Ann Ramminger, MS**

**& Georgine Jacobs, MS**

***Rethinking Nutrition* book available for purchase at program.**

**Please return registration to:**

UW-Extension

100 W. Walworth St.

P.O. Box 1001

Elkhorn, WI 53121

**Checks made payable to:**

UW-Extension

**Yes, I would like to attend the Rethinking Nutrition program on May 14. Enclosed is my $7 registration fee.**

**Registration due by Wednesday, May 9, 2012.**

Name:

Address:

City: State: Zip:

Telephone:

Email:

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