Caregiving in Wisconsin

18% of Wisconsinites (**1 million people**) provided informal caregiving to a family member or friend in the past month.

An additional **15%** plan to become a caregiver in the next two years.

Care Providers

Average age = **51**

55% are **female**

45% are **male**

62% of caregivers are **employed**

Care Recipients

Average age = **68**

62% are **female**

38% are **male**

10% have **dementia** or **Alzheimer's**

7% have **cancer**

Caregiving Crosses Many Different Relationships

37% care for a parent/in-law

16% care for their spouse

12% care for their child
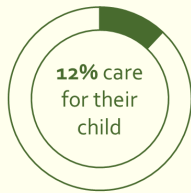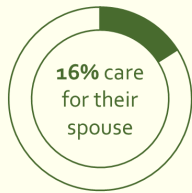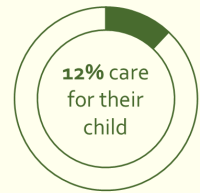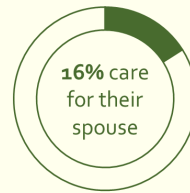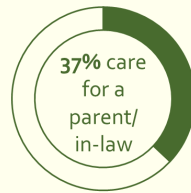
Caregiving is Time Consuming

The average caregiver spends

20 hours/week on caring.

15% spend **40 hours/week** **or more** providing care.

33% have been providing care for **5 years or more.** Caregivers provide **$7 billion** worth of **unpaid labor** yearly.

Caregivers Experience Both

Difficulties

AND

Benefits

Creates stress
Financial burden
Affects family relationships
Tiem constraints

Sense of purpose in life
Feelings of joy/gratitude
Gaining practical skills
Better relationship with care recipient

UW Extension Cooperative Extension

WISCONSIN UNIVERSITY OF WISCONSIN-MADISON